



Pastor Toby Locke • Week 4 • 8/1/2021

## “Practicing” Prayer

Romans 8:18, 23-26

Introduction: Building the practice of prayer into your daily life is an **INDISPENSIBLE** element of your spiritual training.

### Biblical Reasons To “Practice” Prayer: Because...

- \_\_\_\_\_ “practiced” prayer.  
(24 x’s in NT – Luke 5:15-16, 6:12, Mark 1:35, Hebrews 5:7)
- Jesus \_\_\_\_\_ prayer.  
(11 x’s in Gospels – Matthew 9:38, 26:41)
- Jesus \_\_\_\_\_ His disciples **HOW** to pray. (Luke 11:1)
- The \_\_\_\_\_ “practiced” prayer.  
(19 x’s in NT – 2 Timothy 1:3, 3 John 1:2)
- The Apostles \_\_\_\_\_ their readers to pray.  
(15 x’s in NT – Romans 12:12, Colossians 4:2, 1 Thessalonians 5:17)
- The \_\_\_\_\_ “practiced” prayer.  
(37 x’s in the NT, 25 x’s in the book of Acts alone – Acts 2:42)

### Why Do We Struggle To Pray? Because of...

- \_\_\_\_\_ . (Luke 11:1 – More on this next week!)
- \_\_\_\_\_ . (Romans 8:18, 23-25)

### How Can We Keep Praying During Trauma?

- Pray \_\_\_\_\_ back to GOD. But, why?  
⇒ \_\_\_\_\_ did! (Matthew 27:46)
- ⇒ The \_\_\_\_\_ did, too! (Acts 4:24-26)

### A Tool To Help:

- For 5 Days this coming week, follow the instructions in the “Praying Scripture Challenge” handout to “practice” praying Scripture in the morning and the evening.
- Keep track of your progress in the handout as you go through the week.
- Celebrate on Saturday how much closer you have gotten to “training” yourself to be a man or woman of prayer!